



Saturday, October 14, 2023
HSC Conference Center on the
USC Health Sciences Campus
in Los Angeles
Hybrid Conference

Rheumatology Update for the Clinician

Course Director:
Daniel G. Arkfeld, MD

Keck School of Medicine of **USC**

Presented By:
Department of Medicine: Division of Rheumatology
and USC Office of Continuing Medical Education

PROGRAM AGENDA

- 8:00 am **Live Registration Opens**
Live Attendee Continental Breakfast
- 8:45 am **Virtual Login Begins**
- 9:00 am **Welcome and Opening Remarks**
Daniel G. Arkfeld, MD

Session I

Moderator: Daniel G. Arkfeld, MD

- 9:10 am **Medical Marijuana in Rheumatology: Fact or Fiction**
Alvin F. Wells, MD, PhD
- 9:45 am **Lupus 2023: What is New?**
Francisco P. Quismorio, Jr., MD, MACR
- 10:15 am **Break**

Session II

Moderator: Shuntaro Shinada, MD

- 10:30 am **Community Rheumatology Practice: Update on Clinical Issues**
Samy Metyas, MD, MSc
- 10:50 am **Overcoming Disease and Treatment Burden in Vasculitis**
Karina D. Torralba, MD
- 11:20 am **Update on the New ANA Classification System**
Elizabeth Taylor-Albert, MD
- 11:40 am **Question and Answer**
- 12:00 pm **Lunch**

Session III

Moderator: Glenn R. Ehresmann, MD

- 1:00 pm **Rheumatology and Art**
James S. Louie, MD, MACR
- 1:30 pm **Telemedicine in Rheumatology Clinical Exam**
Elizabeth C. Ortiz, MD
- 2:00 pm **Rheumatoid Arthritis Update 2023**
Glenn R. Ehresmann, MD
- 2:25 pm **Break**

Session IV

Moderator: Daniel G. Arkfeld, MD

- 2:35 pm **Spondyloarthritis**
Stephen Myers, MD
- 2:55 pm **Difficult Rashes from Psoriasis to Lupus Seen in Rheumatology**
Binh Ngo, MD
- 3:15 pm **Cupping for Myofascial Pain**
Lori Ginoza, DPT
- 3:25 pm **Review of Osteoporosis Guidelines**
Eaman Al-Hassan, MD
- 3:35 pm **Gout Guidelines**
Muntarin Karim, DO
- 3:45 pm **Stump the Chump Case Presentation with Fellows**
*Eaman Al-Hassan, MD,
Muntarin Karim, DO and
Joshua D. Lee, MD*
*Moderators:
Daniel G. Arkfeld, MD and
Glenn R. Ehresmann, MD*
- 4:05 pm **Question and Answer**
*Daniel G. Arkfeld, MD and
Glenn R. Ehresmann, MD*
- 4:30 pm **Adjourn**

FACULTY

COURSE DIRECTOR



Daniel G. Arkfeld, MD
Professor of Clinical Medicine
Division of Rheumatology
Department of Medicine
Keck School of Medicine of USC

GUEST FACULTY

Lori Ginoza, DPT
Board Certified Neurological Clinical Specialist
Assistant Professor of Clinical Physical Therapy
Director, USC/RLANRC Neurologic PT Residency
USC Division of Biokinesiology
and Physical Therapy

James S. Louie, MD, MACR, FACP
Professor Emeritus
Rheumatology
David Geffen School of Medicine of UCLA
Los Angeles, CA

Samy Metyas, MD, MSc, FACP, FACP
President of California Alliance (CRA)
Clinical Associate Professor
Division of Rheumatology
Department of Medicine
Keck School of Medicine of USC

Binh Ngo, MD
Clinical Associate Professor of Dermatology
Department of Dermatology
Keck School of Medicine of USC
Los Angeles, CA

Elizabeth Ortiz, MD
Chief Medical Officer
Motto Health, Inc.
Dallas, TX

Karina D. Torralba, MD
Professor of Medicine
Division of Rheumatology
Loma Linda University
University of California-Riverside

Alvin F. Wells, MD, PhD, FACP, FACP
Midwest Region Medical Director
Department of Rheumatology
Advocate Health Medical Group
Adjunct Assistant Professor
Duke University Medical Center
Assistant Clinical Professor
Medical College of Wisconsin

KECK SCHOOL OF MEDICINE

Glenn R. Ehresmann, MD
Associate Professor of Clinical Medicine
Division of Rheumatology
Department of Medicine

Stephen Myers, MD
Assistant Professor of Clinical Medicine
Division of Rheumatology
Department of Medicine

Francisco P. Quismorio, Jr., MD, MACR, FACP
Professor of Medicine and Pathology
Division of Rheumatology
Department of Medicine

Shuntaro Shinada, MD
Assistant Professor of Clinical Medicine
Division of Rheumatology
Department of Medicine

Elizabeth Taylor-Albert, MD, FACP
Assistant Professor of Clinical Medicine
Division of Rheumatology
Department of Medicine

Eaman Al-Hassan, MD
2nd Year Rheumatology Fellow

Muntarin Karim, DO
2nd Year Rheumatology Fellow

Joshua D. Lee, MD
2nd Year Rheumatology Fellow

COURSE DESCRIPTION

Rheumatology Update for the Clinician is designed to provide rheumatologists and primary care physicians with up-to-date information on how to recognize, diagnose, treat and follow common rheumatologic conditions. Distinguished faculty will give didactic lectures on disease-specific topics including: the diagnosis and treatment of RA, PSA, gout, lupus and Osteoporosis. An in-depth exploration of autoimmunity will be presented. The educational format includes case studies and panel discussions, allowing participants the opportunity to attain and integrate new, practical information into their clinical practices to improve patient care and outcomes. Alternative pain modalities will also be debated and discussed.

COURSE OBJECTIVES

By the end of the course, participants will be able to:

- Analyze new and novel treatment in rheumatic disorders.
- Discuss current guidelines in treating rheumatic disorders.
- Differentiate on a clinical basis from over 150 types of arthritis.
- Distinguish the pathophysiology of RA, SLE, gout, psoriatic arthritis and AS.
- Explore differences in biologic agents used in the field of rheumatology.
- Debate the use of medical marijuana, the pros and cons.
- Review new developments in the field of rheumatology.

TARGET AUDIENCE

This course is intended for all levels of healthcare professionals with interest in the care of the rheumatology patient. Audience includes practicing physicians, surgical trainees, medical students, nurses, physicians' assistants and other allied healthcare providers.

ACCREDITATION STATEMENT

The Keck School of Medicine of the University of Southern California is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

CREDIT DESIGNATION

The Keck School of Medicine of the University of Southern California designates this live activity for a maximum of 6.25 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The following may apply *AMA PRA Category 1 Credit(s)™* for license renewal: Registered Nurses may report up to 6.25 credit hour(s) toward the CME requirements for license renewal by their state Board of Registered Nurses (BRN). CME may be noted on the license renewal application in lieu of a BRN provider number.

Physician Assistants: The National Commission on Certification of Physician Assistants states that *AMA PRA Category 1 Credits™* accredited courses are acceptable CME requirements for recertification.

REGISTRATION FORM

Rheumatology Update for the Clinician

Hybrid Conference - October 14, 2023

Live or Virtual

Tuition:

Early-bird price for live and virtual registration ends October 10, 2023 at 12:00 pm PDT. For registration after October 10: Online virtual registration adjusts to on-site price. For live registration, please register on-site.

Choose one: ☐ Live Attendance ☐ Virtual Attendance

☐ \$125 MD/DO ☐ \$90 NP/PA/APP ☐ \$90 RN/AH

☐ Students/Residents/Fellows: Complimentary

On-Site for Live and Virtual Registration: October 14, 2023 at 8:00 am

\$150 MD/DO \$100 NP/PA/APP \$100 RN/AH

Students/Residents/Fellows: Complimentary

Cancellation:

Cancellations must be received by the USC Office of CME (fax or email) by October 10, 2023, 12:00 pm PDT for a refund. A \$50 cancellation fee will be applied. In the event of course cancellation by conference organizers, all registration fees will be fully refunded. USC will not refund any travel costs incurred.

Location:

HSC Conference Center on the USC Health Sciences Campus
2200 Trojan Way, Los Angeles, CA 90033

Parking:

San Pablo Parking Structure: 1630 San Pablo Street, Los Angeles, CA 90033
Cost \$20: Please park in USC parking spots, NOT Hyatt Reserved spots.

Register:

Mail: 1540 Alcazar Street, CHP 223, Los Angeles, CA 90033
Mail-in registration must be postmarked by October 10, 2023.

Online: keckusc.cloud-cme.com/rheum2023

Phone: (323) 442-2533 | **Fax:** (323) 442-3734 **AMEX, Mastercard, Visa**

Email: usccme@usc.edu

Live registration: Available October 14, 8:00 am, HSC Conference Center.

Virtual registration: Available until 10:00 am, PDT on October 14, 2023.

NAME _____ DEGREE _____

MEDICAL LICENSE NUMBER _____

TELEPHONE _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

SPECIALTY _____

EMAIL ADDRESS* _____

INSTITUTIONAL AFFILIATION _____

*Registration confirmation and event reminder will be emailed.

METHOD OF PAYMENT:

No cash payment accepted.

☐ Check (Check payable to USC. Check payment must be postmarked by October 10, 2023)

☐ Credit Card (Mastercard or Visa. American Express by Phone/Mail/Fax only)

CREDIT CARD NUMBER _____

EXPIRATION DATE _____ SECURITY CODE _____

COURSES ARE SUBJECT TO CANCELLATION.



Keck School of Medicine of USC

Office of Continuing Medical Education
1540 Alcazar Street, CHP 223
Los Angeles, CA 90033

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